

The Whittlesey Primary Curriculum: Physical Education

Long Term Overview of the Programme of Education

Dance and Gymnastics

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Dance Olympics	Gymnastics	Dance Straw Bear	Gymnastics	Dance Flash Mob	Gymnastics
Year 1	Year 1 Dance Unit 1 Olympics	Year 1 Gym Unit 1	Year 1 Dance 2 Straw Bear	Year 1 Gym Unit 2	Year 1 Dance Unit 3 Flash	Year 1 Gym Unit 3
Year 2	Year 2 Dance Unit 1 Olympics	Year 2 Gym Unit 1	Year 2 Dance 2 Straw Bear	Year 2 Gym Unit 2	Year 2 Dance Unit 3 Flash	Year 2 Gym Unit 3
Year 3	Year 3 Dance Unit 1 Olympics	Year 3 Gym Unit 1	Year 3 Dance 2 Straw Bear	Year 3 Gym Unit 2	Year 3 Dance Unit 3 Flash	Year 3 Gym Unit 3
Year 4	Year 4 Dance Unit 1 Olympics	Year 4 Gym Unit 1	Year 4 Dance 2 Straw Bear	Year 4 Gym Unit 2	Year 4 Dance Unit 3 Flash	Year 4 Gym Unit 3
Year 5	Year 5 Dance Unit 1 Olympics	Year 5 Gym Unit 1	Year 5 Dance 2 Straw Bear	Year 5 Gym Unit 2	Year 5 Dance Unit 3 Flash	Year 5 Gym Unit 3
Year 6	Year 6 Dance Unit 1 Olympics	Year 6 Gym Unit 1	Year 6 Dance 2 Straw Bear	Year 6 Gym Unit 2	Year 6 Dance Unit 3 Flash	Year 6 Gym Unit 3

Games

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Football Multi- skills	Netball Multi- skills	Football Multi- Skills	Netball Multi- Skills	Athletics Field Skills	Athletics Track Skills
EYFS	EYFS Football Unit 1	EYFS Netball Unit 1	EYFS Football Unit 2	EYFS Netball Unit 2	EYFS Athletics Unit 1 Field	EYFS Athletics Unit 2 Track
Year 1	Year 1 Football Unit 1	Year 1 Netball Unit 1	Year 1 Football Unit 2	Year 1 Netball Unit 2	Year 1 Athletics Unit 1 Field	Year 1 Athletics Unit 2 Track
Year 2	Year 2 Football Unit 1	Year 2 Netball Unit 1	Year 2 Football Unit 2	Year 2 Netball Unit 2	Year 2 Athletics Unit 1 Field	Year 2 Athletics Unit 2 Track
KS2	Football	Netball	Tag Rugby	Hockey	Athletics Field Skills	Athletics Track Skills
Year 3	Year 3 Football	Year 3 Netball	Year 3 Tag Rugby	Year 3 Hockey	Year 3 Athletics Unit 1 Field	Year 3 Athletics Unit 1 Track
Year 4	Year 4 Football	Year 4 Netball	Year 4 Tag Rugby	Year 4 Hockey	Year 4 Athletics Unit 1 Field	Year 4 Athletics Unit 1 Track
Year 5	Year 5 Football	Year 5 Netball	Year 5 Tag Rugby	Year 5 Hockey	Year 5 Swimming	Year 5 Athletics Unit 1 Track
Year 6	Year 6 Football	Year 6 Netball	Year 6 Tag Rugby	Year 6 Hockey	Year 6 Athletics Unit 1 Field	Year 6 Swimming