



Park Lane Primary & Nursery School

Executive Head: Rob Litten

Deputy Executive Head: Rachel Bains

Friday 7th March 2025

Year 5 and 6 swimming sessions at the Manor Leisure Pool, Whittlesey

Dear Parent/Carer,

The Physical Education National Curriculum 2000 requirements include swimming as part of the children's education. We are fortunate to have exclusive use of the Manor swimming pool on Thursday afternoons and can offer our children the opportunity to participate in a course of 40-minute lessons in small groups. **The dates are as follows:**

Year 5: Thursday 24th April, 1st, 8th, 15th and 22nd May

Year 6: Thursday 5th, 12th, 19th and 26th June, 3rd and 17th July (no swimming on 10th July due to York trip)

The children will walk to and from the pool supervised at all times by adults in school.

The sessions are led by Mr Ingham and Mrs Bowden and incorporate both the ASA and Cambridge schemes of work to form a Park Lane swimming syllabus. We hope that this will help to improve the pupil's swimming ability whilst working within the parameters of the National Curriculum. This year to aid the development of the children, we have decided to use an additional fully qualified swimming teacher. We hope that this will have a significant impact upon the progress the children will make.

Under Health and Safety requirements at the swimming pool, we must notify the pool staff of any relevant medical conditions of pupils. Please advise your child's class teacher of any conditions. **As additional safety measures we ask that all children wear a swimming cap. A limited supply is available for purchase from school for £1.50 (please make payment via the school gateway app).**

Please also note that no below the knee swimming shorts are to be worn.

It is anticipated that your child will participate in this course of lessons. There will be no charge for swimming as we will use the school's curriculum budget to cover the costs, with the intention that most children will be able to swim competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes and be able to perform a safe self-rescue in water-based situations.

Please ensure you email your child's class teacher with details of any medical conditions along with the level of swimming your child is currently working towards if they participate in out of school lessons. This will help us to group the children into ability groups.

Yours sincerely,

Mr P Ingham

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